

# Pre-Operative Instructions and Information

Date of Surgery: \_\_\_\_\_ Time: \_\_\_\_\_

1. Wash your foot or feet to be operated on thoroughly the night before surgery with soap
2. Clean your toenails thoroughly. Avoid injury to skin and toenails.
3. If your surgery is to be preformed at a hospital or surgery center, **DO NOT EAT OR DRINK ANYTHING AFTER MIDNIGHT THE NIGHT BEFORE SURGERY UNLESS GIVEN SPECIFIC** instructions by your physician.
4. Wear loose fitting garments.
5. Be on time for your scheduled surgery.
6. Have someone available to drive you home after surgery
7. If you have any Questions regarding surgery or fees involved, please ask you physician.
8. We will bill your insurance for you, so please bring us an insurance form with your portion completed.

Please take these medicines with a sip of water on the day of surgery:

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Please hold these medicines in the morning of your surgery and take when you get home:

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Please stop and restart these medicines:

Stop \_\_\_\_\_ on \_\_\_\_/\_\_\_\_/\_\_\_\_ and restart on \_\_\_\_/\_\_\_\_/\_\_\_\_  
Stop \_\_\_\_\_ on \_\_\_\_/\_\_\_\_/\_\_\_\_ and restart on \_\_\_\_/\_\_\_\_/\_\_\_\_  
Stop \_\_\_\_\_ on \_\_\_\_/\_\_\_\_/\_\_\_\_ and restart on \_\_\_\_/\_\_\_\_/\_\_\_\_  
Stop \_\_\_\_\_ on \_\_\_\_/\_\_\_\_/\_\_\_\_ and restart on \_\_\_\_/\_\_\_\_/\_\_\_\_  
Stop \_\_\_\_\_ on \_\_\_\_/\_\_\_\_/\_\_\_\_ and restart on \_\_\_\_/\_\_\_\_/\_\_\_\_